


DECEMBER



NBPCSAAC

SCWW Senior Centre With and Without Walls supported by



A better future, together
Ensemble pour un avenir meilleur

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>“We acknowledge with respect, the history, spirituality, and culture of the Anishinaabek and the Haudenosaunee peoples on whose traditional territories we gather and whose ancestors signed Treaties with our ancestors. We recognize also, the Ojibway of Nawash and the Ojibway of Saugeen, whose ancestors shared this land and these waters. May we all live with respect on this land, and live in peace and friendship with all its diverse peoples.”</p>		<p>Toll free Phone in sessions: 1-866-261-6767 Guest Code: 7722700 followed by# You will be in the session. Zoom video program Click on join meeting. Input ID 86980849744 when prompted. Click join meeting. Input Passcode 987999 when prompted. You will be asked to check video and audio. For zoom phone in program dial 1-647-374-4685 (\$0.03 a minute without long distance plan) Listen for the voice. Input ID 86980849744 followed by #. Listen to the voice. Then input passcode 987999 followed by #. You will be placed into the session.</p>			<p>1 10:00 – 10:30 a.m. Laughter with Carolyn by zoom phone in 11:00 - 11:30 a.m. or 1:00 - 1:30 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone</p>	<p>2 9:00 a.m. Men's Breakfast at Tobermory Community Centre</p>
<p>BVO = Beaver Valley Outreach SCWW Blue Mountains</p> <p>LHL = Lion's Head Legion Branch 202</p> <p>PBCC = Pike Bay Community Centre</p> <p>PBUC = Pike Bay United Church meeting room</p> <p>RTO/ERO = Retired Teachers of Ontario and Retired Education Employees</p> <p>NBPCSAAC = Northern Bruce Peninsula Community Support Advisory Action Committee</p> <p>RWTO/OERO – Retired Women Teachers of Ontario - special invitation</p>	<p>4 10:00 – 10:30 a.m. Laughter – zoom phone 11:00 - 12:00 p.m. or 2:00 - 3:00 p.m. “Laughter with Carolyn” via zoom video or zoom phone</p>	<p>5 12:40 – 1:30 p.m. Bruce County Public Library Bookmobile with WIFI at LHL Br. 202</p>	<p>6</p>	<p>7 11:15 -12:00 p.m. Nina's Mindfulness toll free phone 1:15 p.m. LHL Br. 202 Executive Meeting 2:00 p.m. Membership Mtg. MTC Meeting</p>	<p>8 10:00 – 10:30 a.m. Laughter with Carolyn by zoom phone in 11:00 - 11:30 a.m. or 1:00 - 1:30 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone in</p>	<p>9 1:00 p.m. Darts for Meat – Lion's Head Legion Branch 202</p>
	<p>11 10:00 – 10:30 a.m. Laughter- zoom phone 11:00 - 12:00 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone</p>	<p>12</p>	<p>13 11:00 – 12:00 p.m. NBPCSAAC AGM Meeting - phone 519-793-3473 for the zoom/phone in link</p>	<p>14 1:00 – 2:30 p.m. “Open the Door” by Lianne at the Pike Bay United Church Mtg Rm</p>	<p>15 10:00 – 10:30 a.m. Laughter with Carolyn by zoom phone in 11:00 - 11:30 a.m. or 1:00 - 1:30 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone in</p>	<p>16 9:00-11:00 Bruce Men's Shed at the Lion's Head Legion Br. 202</p>
	<p>18 10:00 – 10:30 a.m. Laughter by zoom phone 11:00 - 12:00 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone in</p>	<p>19 12:40 – 1:30 p.m. Bruce County Public Library Bookmobile with WIFI at the LHL Br. 202</p>	<p>20 1:00 – 2:00 p.m. Writer's Workshop with Cindy Matthews Call 519-793-3473 for the zoom link.</p>	<p>21  11:15 – 11:45 p.m. “Mindfulness with Nina” – toll free phone in</p>	<p>22 10:00 – 10:30 a.m. Laughter with Carolyn by zoom phone in 11:00 - 11:30 a.m. or 1:00 - 1:30 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone in</p>	<p>23</p>

<p>24</p> <hr/> <p>Happy Holidays!</p>	 <p>25</p>	 <p>26</p>	<p>27</p> <hr/>	<p>28</p> <p>10:00 – 11:00 a.m.</p> <p>RWTO/OERO Hope Leon’s “Let’s Do Coffee” – call for the special link</p>	<p>29 10:00 – 10:30 a.m. Laughter with Carolyn by zoom phone in 11:00 - 11:30 a.m. or 1:00 - 1:30 p.m. or 2:00 - 3:00 p.m. Laughter with Carolyn via zoom video or zoom phone in</p>	<p>30</p> <p>Contact Sharron at 519-793-3473 or nbpcsaac@eastlink.ca for information and special links</p>
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Participate in 3 or more sessions and your name will be entered into a draw for a gift.

Wishing everyone “Happy Holidays” while celebrating your family traditions

Colour coded activities will help you decide on a session that you will attend.

Green – phone in only by zoom phone or toll free phone in

Red – in person – check for the location on the Northern Bruce Peninsula

Black – Zoom video or zoom phone as listed for “Laughter with Carolyn.” (Laughter added to Yoga movements)

Purple – Special Programs with Special Links – Phone 519-793-3473 or e-mail nbpcsaac@eastlink.ca for links.

Please note that the Retired Women Teachers of Ontario (RWTO/OERO) supports the monthly Book Club and it has been changed from December 26 to Tuesday January 2, 2024 at 11:00 – 12:00 p.m. and Tuesday January 30, 2024. Phone 519-793-3473 if interested in joining the Book Club.

Bruce Men’s Shed meets for coffee every Monday morning at the Lion’s Head Legion Branch 202 at 9:00 – 11:30 p.m. Watch for special planned outings, hikes and projects. Call Gerry Tilmans at 519-666-3178 or e-mail brucemensshed@gmail.com for information.

Easy Hikes for December – 12/01 – Vanishing Stream: Restoring Nature and Restoring Ourselves

12/07 – Shining Rainbow Deer Sanctuary

12/08 – Hike! Cool Down! Celebrate! Register at <http://www.pbtc.ca/hikes>

“If you truly love nature, you will find beauty everywhere.” Vincent Van Gogh